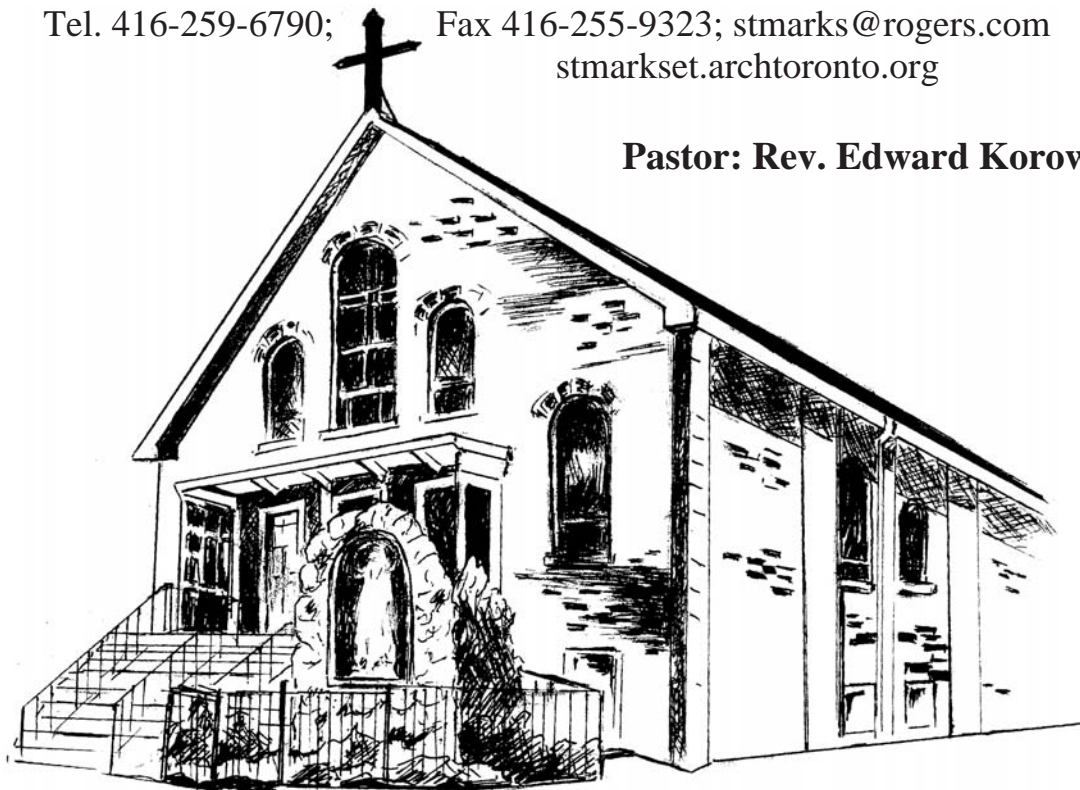


St. Mark's Catholic Church

277 Park Lawn Road, Toronto, ON M8Y 3J7

Tel. 416-259-6790; Fax 416-255-9323; stmarks@rogers.com
stmarkset.archtoronto.org



Pastor: Rev. Edward Koroway

WEEKEND MASSES

Saturday 5:00 p.m. (English)
Sunday 8:30 a.m. (English)
10:00 a.m. (Polish)
11:30 a.m. (English)

WEEKDAY MASSES

Monday 7:00 p.m. (Polish)
Tuesday 9:00 a.m. (English)
Wednesday 9:00 a.m. (English)
Thursday 9:00 a.m. (English)
Friday 9:00 a.m. (English)

CONFESSIONS

First Friday 6:00 p.m. to 6:45 p.m.
Saturday 4:00 p.m. to 4:30 p.m., or by appointment.

BAPTISMS: by appointment

MARRIAGE: please contact the priest one year in advance.
A marriage preparation course is required.

DEVOTIONS:

Rosary daily before Mass
First Friday Exposition: 9:30 a.m. to 7:00 p.m., followed by
Benediction and Mass in Polish at 7:10 p.m.

REGISTRATION:

Every family in the Parish should be properly registered.
New parishioners are welcome, and invited to register and
collect a box of Church support envelopes

SCHOOLS

St. Mark
45 Cloverhill Road
Toronto, ON M8Y 1T4
416-393-5332

Bishop Allen Academy
721 Royal York Road
Toronto, ON M8Y 2T3
416-393-5549

Sainte-Marguerite-d'Youville
755 Royal York Road
Toronto, ON M8Y 2T3
416-393-5418

USEFUL INTERNET WEBSITES

archtoronto.org (Toronto archdiocese)
vatican.va (the Holy See)
cccb.ca (Canadian Catholic Bishops)
acbo.on.ca (Ontario Catholic Bishops)
uscgb.org (U.S. Catholic Bishops)
lifesitenews.com (pro-life news)
ccrl.ca (Catholic Civil Rights League)

tedsb.org (Toronto Catholic School Board)
vocationstoronto.ca (Vocations Office)
catholic-cemeteries.com (Catholic Cemeteries)
katolik.pl (Polish Catholic website)
catholicherald.co.uk (Catholic news)
catholicregister.org (The Catholic Register)
ksmradio.com (local Polish Catholic Family radio)

Please consider remembering St. Mark's Parish in your will. Thank you!

PALM SUNDAY

SPIRITUAL COMMUNION. Because we are unable to offer Mass publicly at the present time, the faithful are encouraged to make a Spiritual Communion. This is a way to be united with Christ when we cannot physically receive the Body and Blood of Christ in the Eucharist. It can be made at home or anywhere.

How do I do it?

1. Start with the sign of the cross and prayer.
2. If possible, read and reflect on the readings from Mass that day (available on our or the diocesan website), or another passage of Sacred Scripture.
3. Have a real desire to be united with Christ.
4. Acknowledge your sins and ask for pardon and forgiveness.
5. Receive Christ in your soul and pray an act of Spiritual Communion (see below).
6. Offer thanksgiving.

St. Alphonsus Liguori's Act of Spiritual Communion

My Jesus, I believe that you are present in the most Blessed Sacrament. I love You above all things and I desire to receive You into my soul. Since I cannot now receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there, and unite myself wholly to You. Never permit me to be separated from You. Amen.

ACT OF PERFECT CONTRITION. Since the Churches are closed for the time being, we cannot offer an opportunity for the faithful to go to sacramental confession. It is still possible, however, to make an act of perfect contrition.

Perfect contrition is a repentance for sin that is motivated by faith and the love of God. It contrasts with imperfect contrition, which arises from a less pure motive, such as a fear of eternal punishment.

Perfect contrition is sorrow for sin arising from perfect love. In perfect contrition the sinner detests sin more than any other evil, because it offends God, who is supremely good and deserving of all human love. Its motive is founded on God's own goodness and not merely his goodness to the sinner or to humanity.

Perfect contrition is sorrow for one's sins based upon love for God, which includes the firm resolution not to commit them any more. When contrition arises from "a love by which God is loved above all else, contrition is called 'perfect,'" the Catechism of the Catholic Church teaches. The catechism explains that perfect contrition "remits venial sins; it also obtains forgiveness of mortal sins if it includes the firm resolution to have recourse to sacramental confession as soon as possible."

Imperfect contrition, also known as attrition—sorrow for one's sins based upon fear of the punishment of Hell—is sufficient for a priest to absolve you in the confessional, but not enough to obtain the forgiveness of mortal sin without sacramental confession to a priest, the catechism explains.

To make an act of perfect contrition done, prayerfully recite one of the following (or similar alternative):

Act of Contrition (traditional)

O my God, I am heartily sorry for having offended Thee, and I detest all my sins because of thy just punishments, but most of all because they offend Thee, my God, who art all good and deserving of all my love.

I firmly resolve with the help of Thy grace to sin no more and to avoid the near occasion of sin. Amen.

Act of Contrition (alternate form)

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things.

I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin.

Our Savior Jesus Christ suffered and died for us. In his name, my God, have mercy.

Secondly, a Catholic must make a firm commitment to go to confession when that becomes possible. An act of perfect contrition is not a replacement for the sacrament of penance—far from it. The person who says: 'I have perfect contrition, but I'm not going to the sacrament' does not in fact have perfect contrition." The sacrament of penance remains the sole, ordinary means for the forgiveness of mortal sins after baptism. Pope Francis recently encouraged Catholics confined to their homes to ask God for forgiveness and then to go to confession when they are able:

“You do what the Catechism says. It is very clear: if you do not find a priest to hear your confession, speak to God, he is your father, and tell him the truth...Promise him: ‘Later I will confess, but forgive me now.’ And immediately you will return to the grace of God,” Pope Francis said.

SPIRITUAL RESOURCES FOR COVID 19: The home page of our parish website (stmarkset.archtoronto.org) has a link to the diocesan website on the Covid19 virus: www.archtoronto.org/covid19. In addition, on the home page, we have the “Parish Blog”, where you can read the homily for that Sunday’s readings (as well as previous Sundays).

The Cardinal is offering a Mass every day at 7:30 a.m. at St. Michael’s Cathedral Basilica, which can be viewed (livestream) on the diocesan website: www.archtoronto.org. Daily Mass can also be viewed on the following outlets: **Vision TV (Cable 60)** Sunday - 8:00 a.m.; Monday - Friday 8:00 a.m. & 12 noon; Saturday - 8:00 a.m. & 9:30 a.m. **Salt + Light** Sunday - 11:00 a.m. & 10:30 p.m.; Monday - Saturday - 6:30 a.m., 11:00 a.m. 3:00 p.m., 10:30 p.m. **Internet:** www.dailytvmass.com; www.youtube.com/dailytvmass.

PARISH SUPPORT: At a time like this, it can be uncomfortable to talk about giving. Our primary concern is the health and well-being of our parishioners. However, these difficult circumstances show just how important the offertory is to the life of our parish. The reality is that parishes rely totally on the support of their parishioners to operate – parish salaries, programs and ongoing operating costs (heating, water, electricity, etc.) are funded through the generosity of our parishioners. Our basic operating expenses are about \$10,000 per month. We do not receive any funding from the diocese. It will be a challenge for a parish to maintain operations without the weekly offertory collection. So we would be grateful if you could consider continuing to support our parish. There are several ways you can do so at this time:

- Please mail your Easter or weekly offertory contribution to the parish office, or drop it off in the large black mail box at the rectory front door, or

- Contribute by **credit card**. You can go to our parish website: stmarkset.archtoronto.org, and on the home page, click the orange quadrangle in the upper right hand corner (where there is a hand and a \$ sign). Then click “Your Parish”, select the “Toronto West” region, then our parish (St. Mark’s) in the drop down menu. You can make a one time or recurring contribution to our parish's offertory or building fund using your credit card. (You can also go to the diocesan website www.archtoronto.org, and click the “Donate Now” button in the upper right hand corner, and follow the same procedure as above.)

Thank you for your understanding in these challenging times.



Niedziela Palmowa – A

HOSANNA I UKRZYŻUJ. Te dwa okrzyki słyszymy niejako obok siebie w dzisiejszej liturgii słowa. W rzeczywistości dzielił je niecały tydzień czasu. W niedzielę Jezus jest uwielbiany przez tłumy, w piątek—prawdopodobnie te same tłumy—domagają się Jego śmierci.

Często tak bywa i w naszym życiu, że po dniach chwały przychodzą nagle dni klęski i poniżenia, dni trudne i straszne. W naszym codziennym życiu też jest wiele cierpienia. Może wynikać ono z ludzkich, fizycznych dolegliwości albo z różnych duchowych przeżyć. Są również cierpienia zadawane nam przez drugiego człowieka. Syn Boży utożsamiając się w tajemnicy Wcielenia z każdym z nas, niezmiennie uczestniczy w tych wszystkich doświadczeniach, które nas spotykają.

Wiemy z relacji osób...które na różne sposoby były męczone i doznawały prześladowań..., że moc do wytrwania dawała im świadomość zjednoczenia z męką Chrystusa. Kościół również jest złączony z Chrystusem udęczonym i wierzy, że po przewyciężeniu cierpienia będzie się radował chwałą zmartwychwstania. We wspólnocie Kościoła my także wierzymy, że Bóg każdy ludzki krzyż przemieni w radość.

POLIMEX TRAVEL

PARCELS TO EUROPE FROM \$2/KG PLUS DELIVERY FEES
 WE PICKUP PARCELS FROM HOME IN GTA
 PILGRIMAGES • GROUP TOURS • AIR FARES • ALL INCLUSIVE HOLIDAYS
 141 Roncesvalles Ave. 416-537-0000 www.polimex.com

BROOK & BRADDOCK Opticians

Specializing in all bifocal styles,
 magnifying aids & children's eyewear
 3101 Bloor St. W.
 416-233-2611

Ridley Funeral Home

Zakład pogrzebowy
416-259-3705

3080 Lake Shore Blvd W., At 14th St,
 West of Park Lawn

www.RidleyFuneralHome.com

Funeral - Cremation

Zapewniamy szeroki wybór trumien w bardzo
 przystępnych cenach

NK Legal Services LLP

Licensed Paralegals

- Small Claims
- Landlord & Tenant
- Traffic Tickets
- WSIB Appeals
- ODSP & CPP
- Labour/Employment Relations

First 30 Minutes consultation is **FREE**

635 The Queensway **416-923-2316** www.nklsaw.ca

Faith and trust are rooted
 in our hearts.
 Faith and trust guide us.

In the time of need,
 it's your faith and trust
 that guides you to the
 comfort of your Parish.



Turner & Porter

YORKE 416-767-3153 BUTLER 416-231-2833 PEEL 905-279-7663 NEWEDUK 905-828-8000

DRIVERS TRAINING



First Time Or Nervous Driver?
 Affordable rates!

Tony Lawrence 647-271-1273
 Driving Instructor (MTO Approved)

KINGSWAY FISH & CHIPS

"For the Finest Fish & Chips
 this side of the Atlantic!"

3060 Bloor St. W. 416-233-3355

THORNBROOK

HOME CARE INC.

All the support you need...in the home you love

- Live In Care Respite Care
- Homemakers Companions
- Personal Care Registered Nurses

Reliable services by fully prepared kind caregivers

416.239.6161

info@thornbrookhomecare.ca

MILANO ROOFING

Serving the GTA for over

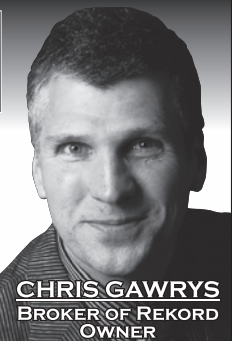


416-888-6734

www.MilanoRoofing.com

NIERUCHOMOŚCI 416-534-3511

GO WEST REALTY LTD. BROKERAGE



CHRIS GAWRYS
 BROKER OF RECORD
 OWNER

SPRZEDAŻ KUPNO WYNAJEM
 od %*
 MLS LISTING FEE*

LISTWITHGOWEST.COM 416-706-1425

IZBA Restaurant,
 Banquet & Catering
20% off with ad
 Monday to Thursday
 648 The Queensway
 416.251.7177 izba.ca

PREGNANT? NEED HELP?
 Call Birthright
 Helpline 1-800-550-4900
 Toronto 416-469-1111
 www.birthright.org

THE PERFECT SPOT TO ADVERTISE



TO ADVERTISE IN THIS SPACE

PLEASE CALL

905-624-4422

Clinic Plus I.D.A. Pharmacy

- Diabetes Education • Medication Reviews
- Compliance Packs • Home Healthcare
- Immunizations & Flu Shots
- **Seniors Discount**



URGENT CARE

Family Medicine, Walk-In & Medical Centre
 Open Monday-Saturday

10 Neighbourhood Lane **416-232-0018**



Frank Leo
 Broker



RE/MAX West Realty Inc.
 Brokerage

Guaranteed Home Selling System

www.GetLeo.com **416-917-5466**



G.H. HOGLE
 FUNERAL HOME LIMITED

Making it Easier for Families Since 1931

416-251-7531

63 Mimico Ave.

www.hogle.ca

Remember...

Let our advertisers know you saw their ad here.



CATHOLIC CEMETERIES FUNERAL SERVICES

ARCHDIOCESE OF TORONTO
 In keeping with your Catholic faith
 www.catholic-cemeteries.com

Assumption Cemetery 905-670-8801
 Catholic Cremation Services 905-670-8801
 Funeral • Cremation • Burial

Otis European Hair Style

20% off first haircut with this ad

3-10 Neighbourhood Lane

416-546-7590