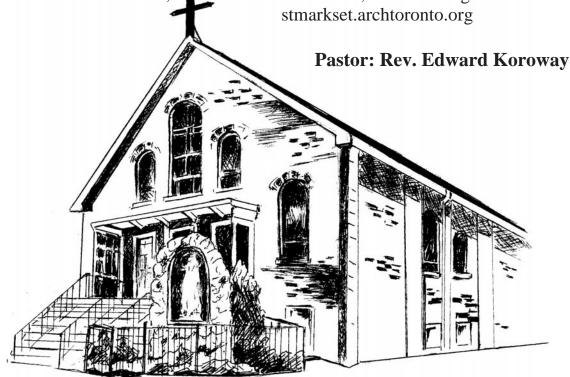
# St. Mark's Catholic Church

277 Park Lawn Road, Toronto, ON M8Y 3J7
Tel. 416-259-6790; Fax 416-255-9323; stmarks@rogers.com
stmarkset.archtoronto.org



#### WEEKEND MASSES

Saturday 5:00 p.m. (English) Sunday 8:30 a.m. (English)

10:00 a.m. (Polish) 11:30 a.m. (English)

#### **WEEKDAY MASSES**

Monday 7:00 p.m. (Polish)
Tuesday 9:00 a.m. (English)
Wednesday 9:00 a.m. (English)
Thursday 9:00 a.m. (English)
Friday 9:00 a.m. (English)

#### **CONFESSIONS**

First Friday 6:00 p.m. to 6:45 p.m. Saturday 4:00 p.m. to 4:30 p.m., or by appointment.

**BAPTISMS:** by appointment

**MARRIAGE:** please contact the priest one year in advance. A marriage preparation course is required.

#### **DEVOTIONS:**

Rosary daily before Mass

First Friday Exposition: 9:30 a.m. to 7:00 p.m., followed by Benediction and Mass in Polish at 7:10 p.m.

#### **REGISTRATION:**

Every family in the Parish should be properly registered. New parishioners are welcome, and invited to register and collect a box of Church support envelopes

#### **SCHOOLS**

St. Mark Bishop Allen Academy Sainte-Marguerite-d'Youville 45 Cloverhill Road 721 Royal York Road 755 Royal York Road Toronto, ON M8Y 1T4 Toronto, ON M8Y 2T3 416-393-5332 416-393-5549 416-393-5418

#### **USEFUL INTERNET WEBSITES**

archtoronto.org (Toronto archdiocese) vatican.va (the Holy See) cccb.ca (Canadian Catholic Bishops) acbo.on.ca (Ontario Catholic Bishops) usccb.org (U.S. Catholic Bishops) lifesitenews.com (pro-life news) ccrl.ca (Catholic Civil Rights League)

tcdsb.org (Toronto Catholic School Board)
vocationstoronto.ca (Vocations Office)
catholic-cemeteries.com (Catholic Cemeteries)
katolik.pl (Polish Catholic website)
catholicherald.co.uk (Catholic news)
catholicregister.org (The Catholic Register)
ksmradio.com (local Polish Catholic Family radio)

## **Solemnity of the Most Holy Trinity**



#### Act of Faith

O my God, I firmly believe that you are one God in three divine Persons, Father, Son, and Holy Spirit.

I believe that your divine Son became man and died for our sins and that he will come to judge the living and the dead.

I believe these and all the truths which the Holy Catholic Church teaches because you have revealed them who are eternal truth and wisdom, who can neither deceive nor be deceived. In this faith I intend to live and die. Amen.

## **Act of Hope**

O Lord God,
I hope by your grace for the pardon
of all my sins
and after life here to gain eternal happiness
because you have promised it
who are infinitely powerful, faithful, kind,
and merciful.
In this hope I intend to live and die.
Amen.

#### Act of Love

O Lord God, I love you above all things and I love my neighbor for your sake because you are the highest, infinite and perfect good, worthy of all my love. In this love I intend to live and die. Amen.

**Building a Community of Love.** This Sunday we celebrate the mystery of the Most Holy Trinity which is the "central mystery of Christian faith and life" (CCC 234). While the Trinity is a mystery our mind will never fully grasp we can still glean much spiritual fruit through prayerful reflection.

Firstly, we must remember that God is Love (1 John 4:16). In order for God to be Love itself, it stands to reason that He is "one but not solitary" (CCC 254). This is because love requires a lover and a beloved. It is within the Trinity that an eternal exchange of Love exists. St. Augustine describes in his treaty "On the Trinity" that the Father and the Son eternally look at each other with pure Love, and this unadulterated love is the Holy Spirit, existing for all ages.

Hence, through reflecting on this mystery we come to understand the immense importance of community and the sharing of love. As stewards, we are called to imitate this divine life of the Trinity. We can do this by living with our brothers and sisters and fellow parishioners in a community of love. Love requires sacrifice and is expressed not just in words but in deeds (1 John 3:18). So let us offer up our time and talents for the good of our parish and the Church. If we strive to create this community of love, we can take great consolation in knowing that we are abiding in the Trinity, for St. John says "whoever abides in love abides in God, and God abides in him" (1 John 4:16). (source: www.archtoronto.org/stewardship)

# Counselling and Psychotherapy Services. Due to the ongoing COVID-19 restrictions, we have moved our counselling and psychotherapy services online in an effort to continue to help our clients who are struggling with their mental well-being in this difficult time. If you are suffering from mild to moderate mental health issues or are experiencing difficulty in your relationships, we encourage you to reach out to us and take a step towards a happier and healthier life. We offer a variety of services, so whether you are an individual, couple, or family, our counsellors will explore your concerns with you and help you work towards your goals.

Our sessions are conducted through the OnCall Health platform, which provides you and your counsellor with a secure and private video connection, since your privacy and confidentiality is of the utmost importance to us. To learn more about our counselling services or to find out how you can get started, please visit the Catholic Family Services of Toronto website at: <a href="https://www.cfstoronto.com/client/cfs/cfs\_lp4w\_lnd\_webstation.nsf/page/Counselling+Program!OpenDocument.">https://www.cfstoronto.com/client/cfs/cfs\_lp4w\_lnd\_webstation.nsf/page/Counselling+Program!OpenDocument.</a>

SPIRITUAL RESOURCES FOR COVID 19: The home of our parish website page (stmarkset.archtoronto.org) has a link to the diocesan Covid19 website the virus: on www.archtoronto.org/covid19. In addition, on the home page, we have the "Parish Blog", where you can read the homily for that Sunday's readings (as well as previous Sundays). The weekly Bulletin can be found by clicking the "News & Events" tab and selecting "Bulletin Library", which has all previous bulletins too.

The Cardinal is offering a Mass every day at 7:30 a.m. at St. Michael's Cathedral Basilica, which can be viewed (livestream) on the diocesan website: <a href="https://www.archtoronto.org">www.archtoronto.org</a>. Daily Mass can also be viewed on the following outlets: Vision TV (Cable 60) Sunday - 8:00 a.m.; Monday - Friday 8:00 a.m. & 12 noon; Saturday - 8:00 a.m. & 9:30 a.m. Salt + Light Sunday - 11:00 a.m. & 10:30 p.m.; Monday - Saturday - 6:30 a.m., 11:00 a.m. 3:00 p.m., 10:30 p.m. Internet: <a href="https://www.dailytvmass.com">www.dailytvmass.com</a>;

www.youtube.com/dailytvmass.

PARISH SUPPORT: At a time like this, it can be uncomfortable to talk about giving. Our primary concern is the health and well-being of our parishioners. However, these difficult circumstances show just how important the offertory is to the life of our parish. The reality is that parishes rely totally on the support of their parishioners to operate – parish salaries, programs and ongoing operating costs (heating, water, electricity, etc.) are funded through the generosity of our parishioners. Our basic operating expenses are about \$10,000 per month. We do not receive any funding from the diocese. It will be a challenge for a parish to maintain operations without the weekly offertory collection. So we would be grateful if you could consider continuing to support our parish. There are several ways you can do so at this time:

- Please mail your contribution to the parish office, or drop it off in the large black mail box at the rectory front door, or
- Contribute by **credit card**. You can go to our parish website: **stmarkset.archtoronto.org**, and on the home page, click the orange quadrangle in the upper right hand corner (where there is a hand and a \$ sign). Then click "Your Parish", select the "Toronto West" region, then our parish (St. Mark's) in the drop down menu. You can make a one time or recurring contribution to our parish's offertory or building fund using your credit card. (You can also go to the diocesan website **www.archtoronto.org**, and click the "Donate"

Now" button in the upper right hand corner, and follow the same procedure as above.)

<u>THANK YOU!</u> to all who have been contributing to our parish by dropping off your envelopes at the rectory mail box, mailing them in, or donating online.

#### Uroczystość Trójcy Przenajświętszej – A

JEDEN BÓG W TRZECH OSOBACH. Celebracja dzisiejszej uroczystości ma za przedmiot jedną z podstawowych tajemnic Objawienia chrześcijańskiego: Najświętszą Trójcę. Bóg jeden w trzech Osobach równych sobie i jednocześnie różnych. To wieczna chwała Trójcy i uwielbienie Jedności Osób Bożych w potędze ich działania, czyli miłości.

Boża mądrość zrodzona przed stworzeniem świata człowieka tajemnicy przybliża do Najświętszej. Obserwacja piękna otaczającego nas świata musi prowadzić do odkrycia mądrości, a w niej piękna człowieka. Jako osoba ma on pod sobą cały stworzony świat. Jako człowiek wierzący powinien więc z miłością wołać: "Jak jest przedziwne imię Twoje, Panie". Apostoł narodów święty Paweł wskazuje, że efektami wiary są m.in. pokój i nadzieja. Bóg nas kocha bezgraniczną miłością. Duch Święty, którego otrzymaliśmy na chrzcie świętym, daje nam zdolność do uwierzenia w tę miłość i do żywienia nadziei, że będziemy pełnymi uczestnikami Bożego życia – życia z Bogiem przez Jezusa Chrystusa w Duchu Świętym.

Nasza wiara w tajemnicę Trójcy Najświętszej opiera się na autorytecie samego Jezusa Chrystusa, który objawił nam imiona trzech Osób i polecił nauczać i udzielać chrztu "w imię Ojca i Syna, i Ducha Świętego". Nasza wiara to wiara w Boga w Trójcy Świętej Jedynego, najwyższego i ostatecznego celu człowieka. Czy jesteśmy gotowi widzieć swój cel w Bogu i w jedności z Trójcą Osób? (bp Andrzej F. Dziuba)

OFIARY NA KOŚCIÓŁ. Serdecznie dziękujemy za wsparcie materialne składane na parafię. Ofiary można składać w biurze parafialnym wrzucając do skrytki na listy przy schodach, wysłać pocztą, lub przez kartą kredytową na stronie parafialnej. Parafia musi funkcjonować mimo wielkiego kryzysu i opłacać na bieżąco wydatki. Wielkie Bóg zapłać za waszą wyrozumiałość oraz wsparcie.



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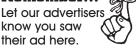
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