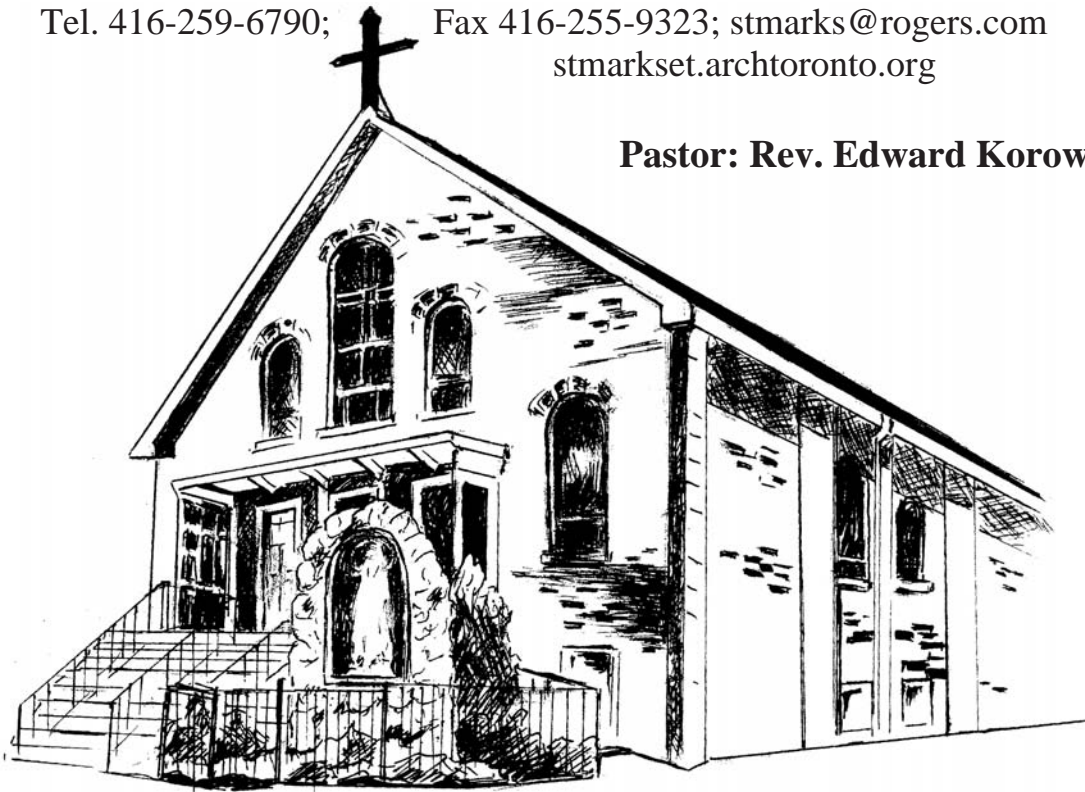


St. Mark's Catholic Church

277 Park Lawn Road, Toronto, ON M8Y 3J7

Tel. 416-259-6790; Fax 416-255-9323; stmarks@rogers.com
stmarkset.archtoronto.org



Pastor: Rev. Edward Koroway

WEEKEND MASSES

Saturday 5:00 p.m. (English)
Sunday 8:30 a.m. (English)
10:00 a.m. (Polish)
11:30 a.m. (English)

WEEKDAY MASSES

Monday 9:00 a.m. (English)
7:00 p.m. (Polish)
Tuesday 9:00 a.m. (English)
Wednesday 9:00 a.m. (English)
Thursday 9:00 a.m. (English)
Friday 9:00 a.m. (English)

CONFESSIONS

First Friday 6:00 p.m. to 6:45 p.m.
Saturday 4:00 p.m. to 4:30 p.m., or by appointment.

BAPTISMS: by appointment

MARRIAGE: please contact the priest one year in advance.
A marriage preparation course is required.

DEVOTIONS:

Rosary daily before Mass
First Friday Exposition: 9:30 a.m. to 7:00 p.m., followed by
Benediction and Mass in Polish at 7:10 p.m.

REGISTRATION:

Every family in the Parish should be properly registered.
New parishioners are welcome, and invited to register and
collect a box of Church support envelopes

SCHOOLS

St. Mark
45 Cloverhill Road
Toronto, ON M8Y 1T4
416-393-5332

Bishop Allen Academy
721 Royal York Road
Toronto, ON M8Y 2T3
416-393-5549

Sainte-Marguerite-d'Youville
755 Royal York Road
Toronto, ON M8Y 2T3
416-393-5418

USEFUL INTERNET WEBSITES

archtoronto.org (Toronto archdiocese)
vatican.va (the Holy See)
cccb.ca (Canadian Catholic Bishops)
acbo.on.ca (Ontario Catholic Bishops)
uscbb.org (U.S. Catholic Bishops)
lifesitenews.com (pro-life news)
ccrl.ca (Catholic Civil Rights League)

tcdsb.org (Toronto Catholic School Board)
vocationstoronto.ca (Vocations Office)
catholic-cemeteries.com (Catholic Cemeteries)
katolik.pl (Polish Catholic website)
catholicherald.co.uk (Catholic news)
catholicregister.org (The Catholic Register)
ksmradio.com (local Polish Catholic Family radio)

Please consider remembering St. Mark's Parish in your will. Thank you!

Due to the provincial government limitation of 10 persons in places of worship, Cardinal Collins has cancelled all public Masses in the diocese until further notice. The Church will be open for private prayer during the following times, subject to a limit of 10 persons:

Sunday: 9:30 a.m. to 12:30 p.m.

Monday - Friday: 8:30 a.m. to 10:00 a.m.

Saturday: 4:00 p.m. to 6:00 p.m.

(Confessions will be heard from 4:00 p.m. to 4:30 p.m. every Saturday in the children's room beside the sanctuary, or by appointment—416-259-6790.)

If you are concerned about the restrictions placed on places of worship by the government, please contact your local M.P.P. (christine.hogarth@pc.ola.org), the Premier (correspondence.premier.gov.on.ca), and the Mayor (mayor_tory@toronto.ca).



Friday, June 4, is the First Friday of June. There will be Exposition of the Blessed Sacrament in the Church from **8:30 a.m. to 4:00 p.m.** You are invited to sign up on the schedule on the bulletin board in the vestibule to pray for an hour before the Lord.

Act of Faith

O my God, I firmly believe that you are one God in three divine Persons, Father, Son, and Holy Spirit. I believe that your divine Son became man and died for our sins and that he will come to judge the living and the dead. I believe these and all the truths which the Holy Catholic Church teaches because you have revealed them who are eternal truth and wisdom, who can neither deceive nor be deceived. In this faith I intend to live and die. Amen.

Act of Hope

O Lord God,
I hope by your grace for the pardon of all my sins
and after life here to gain eternal happiness because you have promised it
who are infinitely powerful, faithful, kind, and merciful.
In this hope I intend to live and die.
Amen.

Act of Love

O Lord God, I love you above all things and I love my neighbor for your sake because you are the highest, infinite and perfect good, worthy of all my love.
In this love I intend to live and die.
Amen.



SIGNING OURSELVES WITH THE TRINITY.

Today we celebrate the Solemnity of the Most Holy Trinity. The Catechism says that the “mystery of the Most Holy Trinity is the central mystery of Christian faith and life ... It is therefore the source of all the other mysteries of faith” (CCC 234). As Christians, we profess the mystery of the Trinity every time we make the sign of the cross, in the name of the Father, and the Son and the Holy Spirit.

The practice of signing ourselves with the cross is an ancient tradition that likely dates back to the time of the Apostles. Around the year 200, Tertullian wrote that “we Christians wear out our foreheads with the sign of the cross.” By signing ourselves, we are joining the countless saints that have gone before us. We can be a witness to the world whenever we sign ourselves in public. For example, the next time we eat in public let us strive to make the sign of the cross as we pray our grace before meals.

Additionally, often times the sign of the cross is the quickest prayer we can muster in times of great stress. St. Francis de Sales, Doctor of the Church, recommends that we “make spiritual aspirations to

God by short, ardent movements of [our] hearts.” We can do this by invoking all three persons of the Trinity and marking ourselves with the cross, which is the sign of our salvation. Therefore, the next time we experience a difficult moment let us not despair but boldly make the sign of the cross. This will allow us to continually raise up our minds and hearts to the Blessed Trinity, the greatest mystery of our faith.

(source: www.archtoronto.org/stewardship)

PASTORAL LETTER. Cardinal Collins has released a new pastoral letter *Heart Speaks to Heart* on the Sacred Heart of Jesus. This is a significant reflection on one of the most sacred symbols in the Catholic faith and what it can teach us in these difficult times. It is available on the diocesan website: www.archtoronto.org; or bit.ly/SacredHeartLetter.

CATHOLIC FAMILY SERVICES OF TORONTO ONLINE SESSIONS. Catholic Family Services of Toronto is now offering online quick access single sessions. The single-session consultation is a quick and effective way for individuals, couples or families to address a mental health or relationship concern. To arrange for a session, please contact: info@cfstoronto.com or 416-921-1163 or 416-222-0048. Leave us a message with your name, email and phone number, and a staff person will contact you. Clients who are interested in pursuing other or additional services in the agency have the option to access our ongoing counselling, wellness or group programs. Counselling fees are charged according to a client’s income level. No one is denied service because of his/her inability to pay fees.



Saint Michael the Archangel, defend us in battle; be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray. And do thou, O Prince of the heavenly host, by the power of God, thrust into hell Satan and all the evil spirits who prowl about the world seeking the ruin of souls. Amen.

Uroczystość Trójcy Przenajświętszej – B

PRAWDA O BOGU CHRZEŚCIJAN. Kim jest Bóg, w którego wierzę? Odpowiedzi na to pytanie szukali ludzie od zarania dziejów. Z pomocą przyszedł sam Bóg. W słowach i czynach swojego Syna objawił nam nie tylko wielkie miłosierdzie Stwórcy, Jego miłość i troskę o każdego człowieka, ale też istotę Boga. Z nauki Jezusa dowiadujemy się, że Bóg jest jeden, posiada boską naturę, ale jest w trzech Osobach. Bóg chrześcijan to Ojciec, Syn i Duch Święty. Bóg Ojciec jest całkowicie niezależny w istnieniu i działaniu. Syn Boży jest współistotny Ojcu i przez relację synostwa pochodzi od Ojca. Duch Święty pochodzi od Ojca i Syna. Trzy Osoby w Bogu współprzenikają się i są równe w działaniu.

Prawda o Trójcy Świętej, ujęta w dogmat wiary katolickiej, nie jest tylko przedmiotem teologicznych i filozoficznych spekulacji. W dzisiejszej Ewangelii Zmartwychwstały Pan w pozdrowieniu skierowanym do Kościoła objawia nam Trójcę Świętą jako Nieskończoną Miłość, która od tajemnicy boskiej rozprzestrzenia się na naturę człowieka i w Kościele zajmuje jedno z uprzywilejowanych miejsc wyrazu. W imię Ojca i Syna, i Ducha Świętego dokonuje się zbawienie człowieka. Dlatego dziś gorąco prosimy Boga, aby wiara w Świętą Trójcę posłużyła nam do zbawienia duszy i ciała. (ks. Stanisław Dziekoński)

„Tobie, wszechmocny nasz Panie, Coś w Trójcy jednym jest Bogiem, Cześć, uwielbienie i chwała, Niech będzie teraz i zawsze. Amen”.

PIERWSZY PIĄTEK: 4-go czerwca przypada pierwszy piątek miesiąca czerwiec. W kościele w godzinach 8:30 - 4:00 odbędzie się wystawienie Najświętszego Sakramentu. Zapraszamy do zapisania się na tablicy ogłoszeń w przedsionku na godzinną modlitwę.

Święty Michale Archaniele, wspomagaj nas w walce, a przeciw niegodziwości i zasadzkom złego ducha bądź naszą obroną. Oby go Bóg pogromić raczył, pokornie o to prosimy, a Ty, Wodzu niebieskich zastępów, szatana i inne duchy złe, które na zgubę dusz ludzkich po tym świecie krążą, mocą Bożą strąć do piekła. Amen.

Faith and trust are rooted in our hearts.
Faith and trust guide us.

In the time of need, it's your faith and trust that guides you to the comfort of your Parish.



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